



Guide for Use



1 Wash hands with mild soap and water.



2 To open the catheter package, pull top finger hole toward you at least halfway down the package.



3 Remove the catheter from the package and lay the catheter on the opened package.



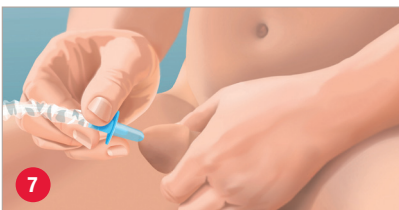
4 Hold the penis. Pull back the foreskin (if present) and cleanse the glans and the opening of the urethra with mild, unscented soap and water or a non-alcoholic wet wipe.



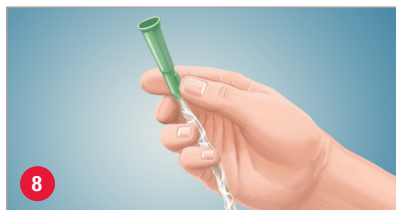
5 Remove the red ring cap from the protective tip of the catheter.



6 Hold the catheter in one hand, and with the other hand advance the catheter forward until the tip of the catheter fills the protective tip, taking care that the catheter does not protrude from the tip.



7 Grasp the catheter below the protective tip plate, and insert the protective tip into the distal urethra with the notch in the 12 o'clock position unless instructed by your healthcare provider. Relax the foreskin. **Keep the protective tip in place.**



8 Locate the notch on the funnel, which is aligned with the upward direction of the coudé tip.



9 Direct the funnel end of the catheter into an appropriate receptacle or toilet. Insert the catheter forward until urine starts to flow. Once urine flow has stopped, slowly withdraw the catheter to ensure the bladder is completely empty. Then gently remove catheter completely.



10 The catheter may be disposed of in a waste basket. **DO NOT FLUSH DOWN TOILET.** Wash hands with mild soap and water.

WARNING: To help reduce the potential for infection and/or other complications, do not reuse.

WARNING: If discomfort or any sign of trauma occurs, discontinue use immediately and consult your healthcare practitioner.

- Ready-to-use, single-use intermittent catheter
- Hydrophilic-coated, Phthalate-free catheter
- Protective tip and sleeve supports no-touch insertion technique
- 2 smooth catheter eyelets
- Color-coded funnel
- Adhesive tab for adhering packaging to a surface
- Not made with natural rubber latex.

This intermittent catheter is a flexible tubular device that is inserted through the urethra by male, female and pediatric patients who need to drain urine from the bladder.

PRECAUTION: Please consult your healthcare practitioner before using this product if any of the following conditions are present:

- Severed urethra
- Unexplained urethral bleeding
- Pronounced stricture
- False passage
- Urethritis – inflammation of the urethra
- Prostatitis – inflammation of the prostate gland
- Epididymitis – inflammation of the epididymis (testicle tube)

PRECAUTION: Self-catheterization should follow the plan of care and advice given by your healthcare practitioner and be carried out only in accordance with the instructions for use provided. Because catheterization frequency varies by person, the recommended frequency of your catheterization should be provided by your healthcare practitioner. For any other questions about your catheterization, please contact your healthcare practitioner.

Rx Only. Federal (USA) Law restricts this device to sale by or on the order of a physician or other healthcare practitioner licensed under state law to order this product.

NOTE: Store boxes in a flat position and at normal room temperature.



Hollister Incorporated
2000 Hollister Drive
Libertyville, Illinois 60048
1.800.323.4060

www.hollister.com